



Sunflower Bouquet

Quilt With Stripe Borders

Angela Anderson

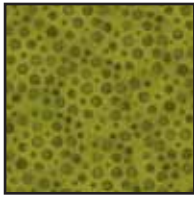


applied border

Designed By: Heidi Pridemore
Finished Quilt Size: 56" x 64"
quiltingtreasures.com

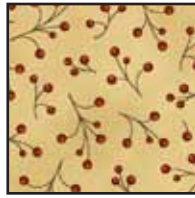


23230 ES

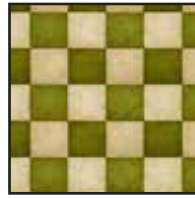


23235 H

(Inc. Binding)



23232 A



23233 EH



23231 T



23231 A



23232 H



23233 AT



23234 S

FABRIC REQUIREMENTS	
Design:	Yards
23230 ES	2 ³ / ₄
23235 H (Inc. Binding)	1 ¹ / ₄
23232 A	¹ / ₄
23233 EH	⁵ / ₈
23231 T	¹ / ₄
23231 A	¹ / ₄
23232 H	¹ / ₄
23233 AT	¹ / ₄
23234 S	¹ / ₂
Backing of Choice	3 ³ / ₄

Cutting Directions:

Note: WOF = width of fabric. Use a 1/4" seam allowance throughout unless otherwise directed.

23230 ES: Sunflower Stripe

- Fussy-cut (2) 7¹/₂" x 67" O1 strips along the length of the fabric.
- Fussy-cut (2) 7¹/₂" x 59" O2 strips along the length of the fabric.
- Fussy-cut (2) 8¹/₂" x 20¹/₂" M rectangles along the length of the fabric.
- Fussy-cut (2) 6¹/₂" x WOF strips. Recut strips into (10) 6¹/₂" A squares.

23235 H: Green Dots

- Cut (3) 1¹/₂" x WOF strips. Recut strips into (4) 1¹/₂" x 6¹/₂" B1 strips, (4) 1¹/₂" x 8¹/₂" B2 strips and (2) 1¹/₂" x 20¹/₂" G2 strips.
- Cut (5) 1¹/₂" x WOF N strips.
- Cut (4) 1¹/₂" x WOF strips. Recut strips into (4) 1¹/₂" x 23¹/₂" G1 strips.
- Cut (7) 2¹/₄" x WOF binding strips.

23232 A: Cream Berries

- Cut (3) 2" x WOF strips. Recut strips into (4) 2" x 8¹/₂" C1 strips and (4) 2" x 11¹/₂" C2 strips.

23233 EH: Green Check

- Cut (1) 4¹/₂" x WOF strips. Recut strip into (4) 4¹/₂" L squares.
- Cut (1) 4" x WOF strip. Recut strip into (8) 4" D squares.
- Cut (1) 6¹/₂" x WOF strip. Recut strip into (8) 2¹/₂" x 6¹/₂" F rectangles.

23231 T: Red Sunflowers

- Cut (1) 6¹/₂" x WOF strip. Recut strip into (4) 2¹/₂" x 6¹/₂" G rectangles and (4) 4" x 4 1/2" E rectangles.

23231 A: Brown Sunflowers

- Cut (1) 4¹/₂" x WOF strip. Recut strip into (8) 4¹/₂" J squares.

23232 H: Green Berries

- Cut (1) 4¹/₂" x WOF strip. Recut strip into (4) 4¹/₂" K squares.

23233 AT: Red Check

- Cut (1) 4¹/₂" x WOF strip. Recut strip into (4) 4¹/₂" H squares.

23234 S: Yellow Circles

- Cut (3) 4¹/₂" x WOF strips. Recut strips into (20) 4¹/₂" I squares.

Backing Fabric of Choice:

- Cut (2) 64" strips along length of fabric for backing.

Completing the Sunflower Square Units:

1. Sew B1 strips to opposite sides and B2 strips to the top and bottom of an A square; press seams toward strips.

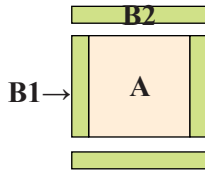


Diagram 1

2. Sew C1 strips to opposite sides and C2 strips to the top and bottom of the bordered A square; press seams toward strips.

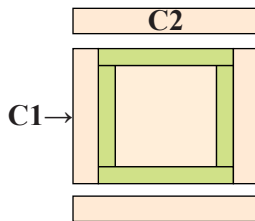


Diagram 2

3. Sew an E rectangle between 2 D squares to make a side strip; press seams toward E. Repeat to make a second side strip. Sew the side strips to opposite sides of the bordered A square to make the center row; press seams toward the C1 strips.

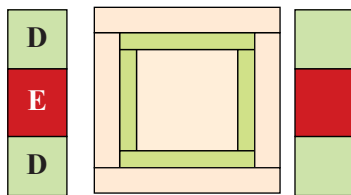


Diagram 3

4. Sew a G rectangle between 2 F rectangles to make an F-G-F unit; press seams toward G. Repeat to make a second unit. Join 2 A squares with an F-G-F unit to make the top strip keeping A squares upright in the strip; press seams toward A. Repeat to make the bottom strip. Sew the strips to the top and bottom of the center row to complete the pieced unit; press seams toward the center row.

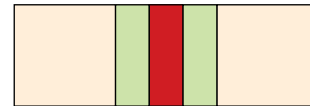
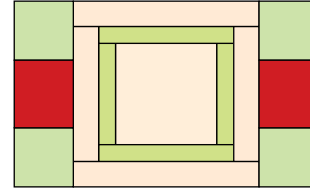
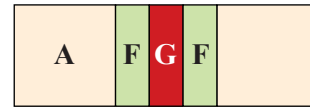


Diagram 4

5. Sew a G1 strip to opposite long sides and the G2 strip to the bottom of the pieced unit to complete the Upper Left Sunflower Square Unit; press seams toward G1 and G2 strips.

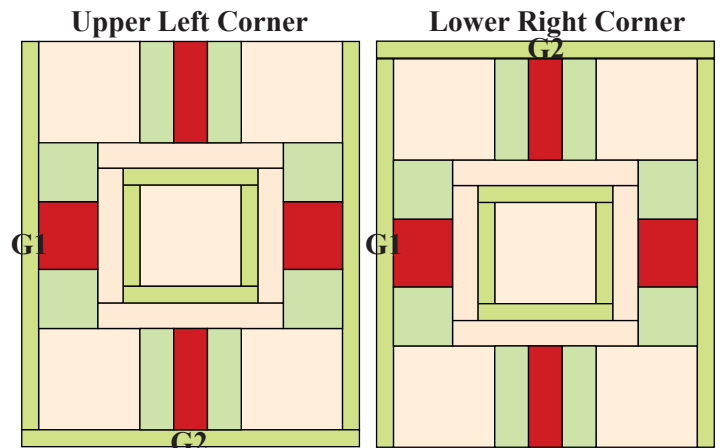


Diagram 5

6. Repeat all steps except add the G2 strip to the top of the pieced unit to complete the Lower Right Sunflower Square Unit.

Completing the Sunflower Strip Unit:

1. Select and join 1 each H, K and L square with 2 J and 5 I squares to make a pieced top row unit referring to Diagram 6 for positioning of squares; press seams to 1 side.

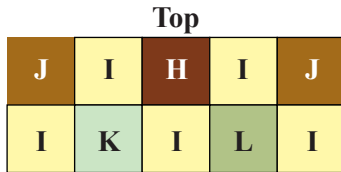


Diagram 6

2. Repeat step 1 to make the pieced bottom row unit referring to Diagram 7 for positioning of squares.

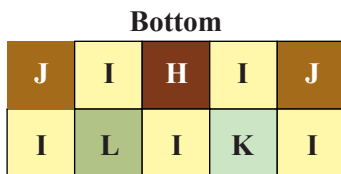


Diagram 7

3. Sew the pieced top and bottom row units to M to complete 1 Sunflower Strip Unit; press seams toward M.

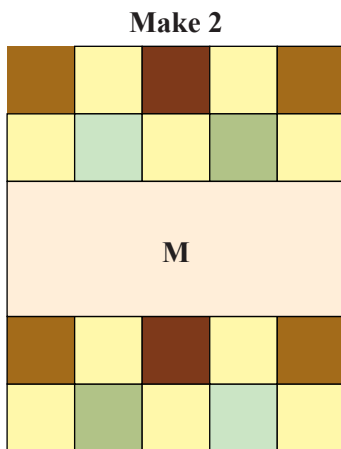


Diagram 8

4. Repeat all steps to complete a second Sunflower Strip Unit.

Completing the Quilt With the Stripe Borders:

1. Arrange and join the Upper Left Sunflower Square Unit with a Sunflower Strip Unit to make the top row; press seams toward the G1 strip. Repeat with the remaining Sunflower Strip Unit and the Lower Right Sunflower Square Unit to make the bottom row; press seams toward the G1 strip. Join the rows to complete the pieced center; press seam open.

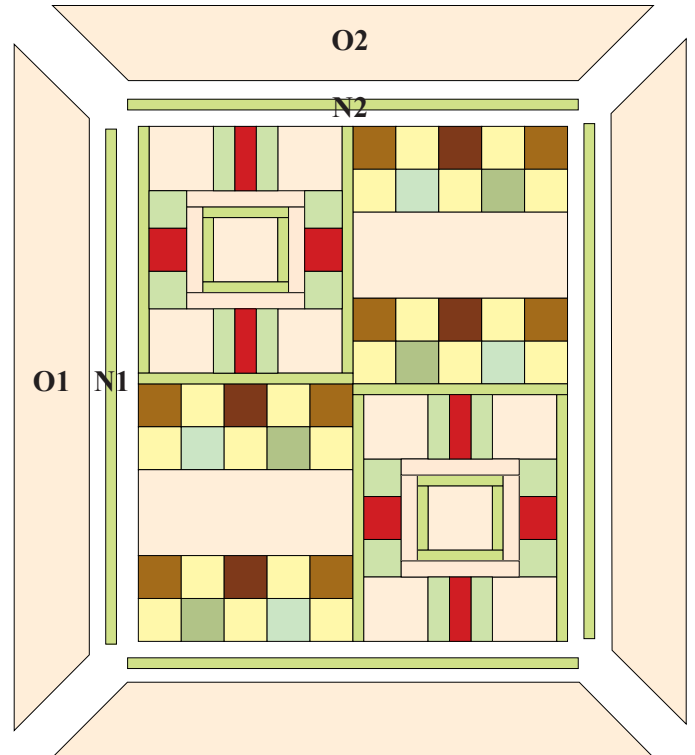


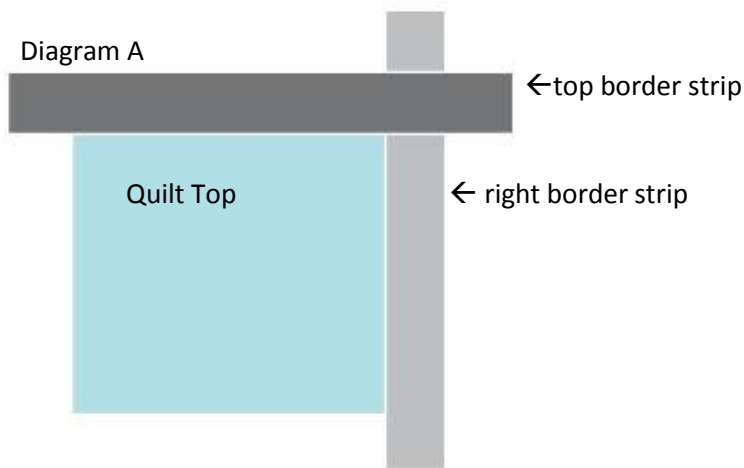
Diagram 9

2. Join the N strips on the short ends to make a long strip; press. Recut strip into (2) 1½" x 48½" N1 strips and (2) 1½" x 42½" N2 strips. Sew the N1 strips to opposite sides and N2 strips to the top and bottom of the pieced center; press seams toward strips.
3. Center and sew an O1 strip to opposite long sides of the pieced center, stopping stitching ¼" from ends of the pieced center. Repeat with the O2 strips on the top and bottom. Miter corner seams, trim seam to ¼" and press seam open. *Note: See Mitered border instructions for further information.*

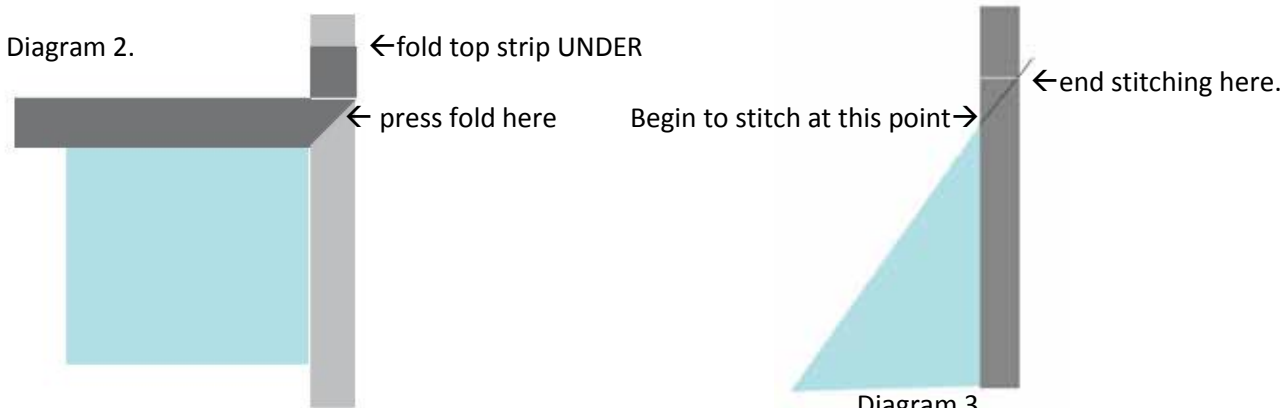
4. Join the 2¼"-wide green dots binding strips on the short ends with diagonal seams; trim seams to ¼" and press open to make a long strip. Fold the strip in half along length with wrong sides together and press.
5. Remove the selvage edges from the backing pieces. Join the pieces on the 64" edges with a ½" seam allowance. Press seams open. Trim top and bottom edges to make a 64" x 72" backing with horizontal seams.
6. Layer the quilt top with batting and backing. Quilt and bind using your favorite methods and the green dots binding strip.

Mitered border instructions:

Lay the quilt top face up on an ironing board. Working with the upper right corner only, smooth out the right side flat on the surface, and lift the top border strip so it lays over the right border strip. See diagram A.



Fold the top border strip UNDER at a 45 degree angle until the sides match up with the bottom strip sides underneath. Press this fold into a hard crease. See Diagram 2.



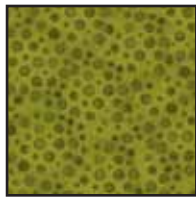
Fold the entire block or quilt down and to the right, into a 45 degree angle, (making a triangle) matching the top border edges evenly with the right border edges. See Diagram 3. The crease will now be open so you can pin along the crease ¼" from the inside corner point to the outer edge of borders with pins perpendicular to the crease line. This holds the border strips together and in place. Stitch from the inside corner point all the way across the crease line. Remove pins, trim seam to ¼" and press from the front side of the quilt.

Sunflower Bouquet

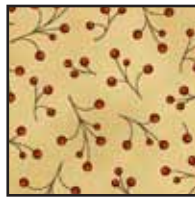
Alternate Quilt With Appliquéd Borders



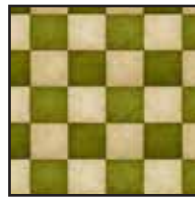
23230 ES



23235 H
(Inc. Binding)



23232 A



23233 EH



23231 T



23231 A



23232 H



23233 AT



23234 S



23235 T



23234 E

FABRIC REQUIREMENTS	
Design:	Yards
23230 ES	1
23235 H (Inc. Binding)	1 $\frac{3}{4}$
23232 A	$\frac{1}{2}$
23233 EH	$\frac{2}{3}$
23231 T	$\frac{1}{4}$
23231 A	$\frac{1}{4}$
23232 H	$\frac{1}{4}$
23233 AT	$\frac{3}{8}$
23234 S	$\frac{5}{8}$
23235 T	$\frac{1}{8}$
23234 E	1 $\frac{1}{2}$
Backing of Choice	3 $\frac{3}{4}$

Cutting Directions:

Note: *WOF* = width of fabric. Use a $\frac{1}{4}$ " seam allowance throughout unless otherwise directed.

23230 ES: Sunflower Strip

- Fussy-cut (2) 8 $\frac{1}{2}$ " x 20 $\frac{1}{2}$ " M rectangles along the length of the fabric.
- Fussy-cut (10) 6 $\frac{1}{2}$ " A squares from the remainder of the fabric.

23235 H: Green Dots

- Cut (3) 1 $\frac{1}{2}$ " x **WOF** strips. Recut strips into (4) 1 $\frac{1}{2}$ " x 6 $\frac{1}{2}$ " B1 strips, (4) 1 $\frac{1}{2}$ " x 8 $\frac{1}{2}$ " B2 strips and (2) 1 $\frac{1}{2}$ " x 20 $\frac{1}{2}$ " G2 strips.
- Cut (5) 1 $\frac{1}{2}$ " x **WOF** N strips.
- Cut (4) 1 $\frac{1}{2}$ " x **WOF** strips. Recut strips into (4) 1 $\frac{1}{2}$ " x 23 $\frac{1}{2}$ " G1 strips.
- Cut (7) 2 $\frac{1}{4}$ " x **WOF** binding strips.
- Cut (32) leaves for appliqué referring to the instructions.
- Cut (16) $\frac{1}{2}$ " x 16"-18" assorted vine pieces on the bias referring to the instructions.

23232 A: Cream Berries

- Cut (3) 2" x **WOF** strips. Recut strips into (4) 2" x 8 $\frac{1}{2}$ " C1 strips and (4) 2" x 11 $\frac{1}{2}$ " C2 strips.
- Cut 96 petals for appliqué referring to the instructions.

23233 EH: Green Check

- Cut (1) 4 $\frac{1}{2}$ " x **WOF** strip. Recut strip into (4) 4 1 $\frac{1}{2}$ " L squares.
- Cut (1) 4" x **WOF** strip. Recut strip into (8) 4" D squares.
- Cut (1) 6 $\frac{1}{2}$ " x **WOF** strip. Recut strip into (8) 2 $\frac{1}{2}$ " x 6 $\frac{1}{2}$ " F rectangles.

23231 T: Red Sunflowers

- Cut (1) 6 $\frac{1}{2}$ " x **WOF** strip. Recut strip into (4) 2 $\frac{1}{2}$ " x 6 $\frac{1}{2}$ " G rectangles and (4) 4" x 4 $\frac{1}{2}$ " E rectangles.

23231 A: Brown Sunflowers

- Cut (1) 4 $\frac{1}{2}$ " x **WOF** strip. Recut strip into (8) 4 $\frac{1}{2}$ " J squares.

23232 H: Green Berries

- Cut (1) 4 $\frac{1}{2}$ " x **WOF** strip. Recut strip into (4) 4 $\frac{1}{2}$ " K squares.

23233 AT: Red Check

- Cut (1) 4 $\frac{1}{2}$ " x **WOF** strip. Recut strip into (4) 4 $\frac{1}{2}$ " H squares.
- Cut 16 large flower centers referring to the instructions.

23234 S: Yellow Circles

- Cut (3) 4 $\frac{1}{2}$ " x **WOF** strips. Recut strips into (20) 4 $\frac{1}{2}$ " I squares.
- Cut 96 petals referring to the instructions.

23235 T: Red Dots

- Cut 16 small flower centers referring to the instructions.

23234 E: Cream Circles

- Cut (6) 7½" x WOF O strips.

Backing Fabric of Choice:

- Cut (2) 64" strips along length of fabric for backing.

Completing the Alternate Quilt With Appliquéd Borders:

1. Refer to Completing the Sunflower Square Units and Completing the Sunflower Stripe Units and steps 1 and 2 of Completing the Quilt with the Stripe Borders to prepare the pieced center with the N borders.
2. Join the O strips on the short ends to make a long strip; press. Recut strip into (2) 7½" x 50½" O1 strips and (2) 7½" x 56½" O2 strips. Sew the O1 strips to opposite sides and O2 strips to the top and bottom of the pieced center; press seams toward strips.

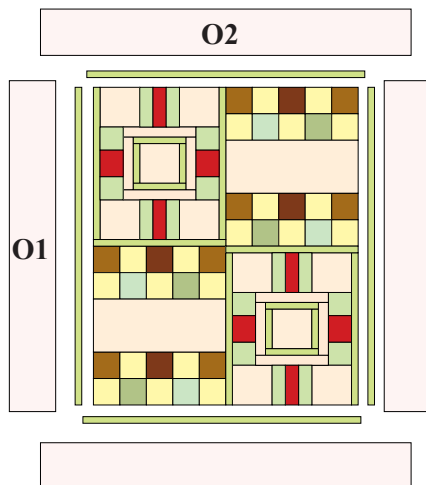


Diagram 10

3. Following the manufacturer's instructions, trace the appliqué patterns given onto the paper side of fusible web, leaving ¼" between pieces and referring to patterns for the number of each shape to trace. Cut out shapes, leaving a margin around each 1. Fuse shapes to the wrong side of fabrics as directed on patterns for color. Cut out shapes on traced lines; remove paper backing.

4. Iron fusible web onto the wrong side of the remaining green dot fabric and cut 16 bias strips ½" x 16"-18" long.
5. Arrange and pin the bias strips along the center of each O1 and O2 strip, leaving open spaces between them for flower appliqué. Arrange 6 each cream and yellow petals to make a circle for the flower at each corner, covering the ends of the bias strips. Fuse a large flower center and a small flower center in the center of the flower referring to Diagram 11 for positioning of pieces.

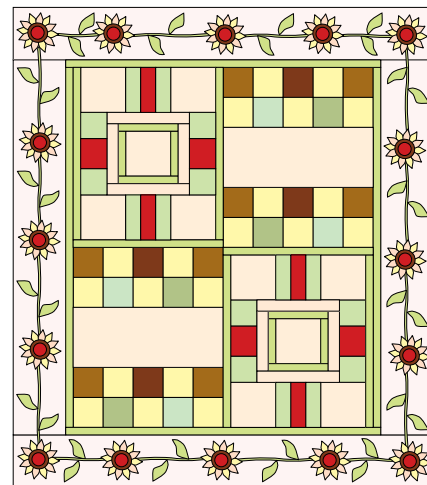
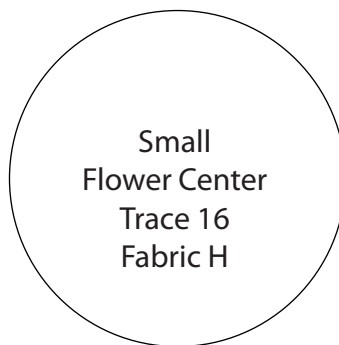
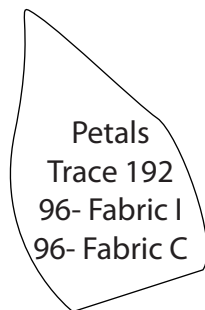
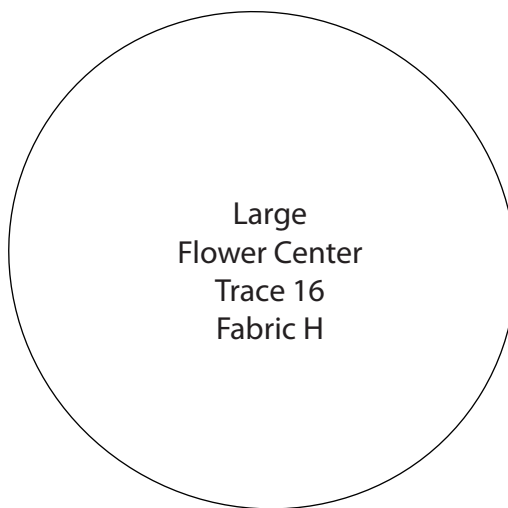
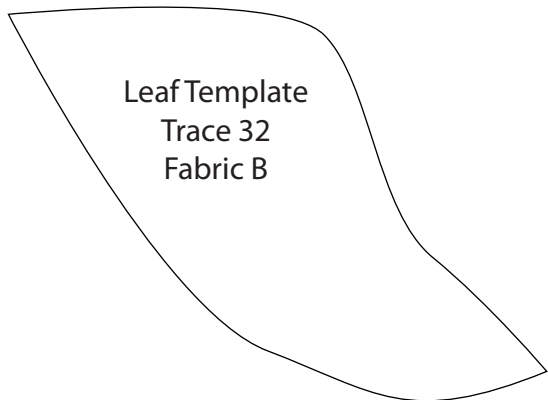



Diagram 11

6. Continue to add flower motifs in this manner with 3 flowers on each border strip and 1 in each corner. Arrange and fuse 1 leaf and 1 reverse leaf between the flowers, again referring to Diagram 11 for positioning.
7. Using thread to match fabric, machine-appliqué pieces in place using a narrow close zigzag, satin or blanket stitch to finish the appliqué.
8. Complete the quilt referring to steps 4-6 of Completing the Quilt with the Stripe Borders.

While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies.

Sunflower Bouquet Quilt Templates




1" mark for
scale
reference